**Flahavan’s Cross Country League 2023-2024 Dates & Venues**

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| **County** | **Start****Time** | **Date & Place** **Round 1****(1000m)** | **Date & Place Round 2****(1200m)** | **Date & Place Round 3****(1400m)** | **Final****(1400m)**  |
| **Southern Area** | Fun Run 11amGirls 11.15amBoys 11.30am | Portadown Rugby ClubBT63 5ARFri 20th Oct | Lurgan Park, BT67 9BGFri 1st Dec | Palace Stables Armagh BT60 4EL Fri 12th Jan | Mallusk Playing Fields,BT36 4RHFriday 23rd Feb 2024 |
| **Co. Down** | Fun Run 11amGirls 11.15amBoys 11.30am | Londonderry Park, Newtownards,BT23 8SGMon 23rd Oct | Donard Park Newcastle BT33 0HLMon 4th Dec  | Dunleath Playing Fields, Downpatrick BT30 6LZMon 15th Jan |
| **Tyrone/ Fermanagh Area** | Fun Run 11amGirls 11.15amBoys 11.30am  | Castlederg High School, BT81 7RWTues 24th Oct | Necarne Estate, Irvinestown, BT94 1GGTues 5th Dec | Dungannon ParkBT71 6DY**Tues 30th Jan** |
| **Causeway Coast** | Wheelchair Event 10:15amFun Run 10.30amGirls 10.45amBoys 11am | Coleraine Council Grounds,Rugby AvenueBT52 1JLWeds 25th Oct | Joey Dunlop Leisure Centre, Ballymoney BT53 7AHWeds 6th Dec | Ulster University, Coleraine BT52 1SA**Weds 31st Jan** |
| **North West**  | Fun Run 12pmGirls 12.15pmBoys 12.30pm | Thornhill College, 142 Culmore Rd, Londonderry BT48 8JFFri 27th Oct | Templemore Sports ComplexBuncrana Road BT48 7QLThurs 7th Dec | Oakgrove CollegeStradreagh, Gransha ParkBT47 6TG Fri 26th Jan |
| **Co. Antrim**  | Fun Run 11amGirls 11.15pmBoys 11.30pm | Antrim Forum, 17 Lough Road, Antrim BT41 4DT Thurs 26th Oct | Lisnagarvey High School, Lisburn, BT28 1HNMon 11th Dec | Six Mile Water Park, BallyclareBT39 9YU**Thurs 1st Feb** |

**Fun Run (non- Scoring Races) will only be run if entries are high in that area**

**\*Please note the details above are provisional and may be subject to change.**